Our Clubhouse Commitment

- We support the recovery, health and well-being of individuals with mental illness.
- We strive to enhance the quality of life of our members.
- We believe every member has the potential to sufficiently recover from the effects of mental illness and the right to have a personally satisfying life as an integrated member of society.

Statements From Members

“I believe if I didn’t join clubhouse, I would be dead. I always talked about killing myself and how I would do it. I used to Google the least painless way to go but now everything is different. Clubhouse has given me a reason to live and I am sure that my mother would be proud of the new me. I laugh more, I wear bright colors, I value life, friendships/relationships, and my new family”.  
Whitley A.

“Without Clubhouse my life would be like a nightmare. I would be roaming the streets and stuck in the same situation I was before, with no interests, separated from my own environment and possibly homeless. I would be lost and not have any idea what to do with my life”.  
Ajuan H.

“Without Clubhouse I would either be in the streets, homeless, in jail or dead. My Clubhouse family keeps me motivated and moving in the right direction, even though I know I gave them all hell, they still love me. I love coming to the clubhouse because I love giving back supporting my clubhouse members. I have found by being open and sharing my story of recovery I have encouraged other members on their recovery journey”.  
Hervy K.

How You Can Join

- Must be 18 year of age
- Have a chronic/persistent mental illness and receiving services from Community Mental Health

Goodwill Industries of Greater Detroit operates A Place of Our Own Clubhouse. Our Clubhouse is accredited by Clubhouse International. Goodwill is a contracted provider of services for CareLink and ConsumerLink, funded by Detroit Wayne Mental Health Authority.
What is a Clubhouse

A Clubhouse is a community intentionally organized to support individuals living with the effects of mental illness. Through participation in a Clubhouse people are given the opportunities to rejoin the worlds of friendships, family, important work, employment, education, and to access the services and supports they may individually need. A Clubhouse is a restorative environment for people who have had their lives drastically disrupted, and need the support of others who believe that recovery from mental illness is possible for all.

- Clubhouse International

What Can Clubhouse Offer You

- **Clubhouse is a Community**: This is a place where relationships and friendships are born and isolation ends.
- **Meaningful Paid Employment**: Clubhouses provide members with opportunities to return to paid employment through Transitional, Supported and Independent Employment Options.
- **Improved Wellness**: When “I” is replaced with “We”, mental illness becomes wellness. Clubhouses are a powerful demonstration of the fact that people with mental illness can and do lead normal, productive lives.
- **Participative Atmosphere**: Clubhouse members participate in consensus-based decision making regarding Clubhouse operations. They are members or colleagues never “patients” or “cases”.
- **Education Assistance**: Clubhouses encourage and support higher education. We offer resources for G.E.D., Supported Education and a return to college based course study.
- **Housing Resources and Support**: Clubhouses offer housing supports to members seeking self sufficiency.
- **Transferable Skill Development**: Members gain imperative skills and knowledge that are then transferable in community based employment, education and independent living options.
- **Social and Recreational Activities**: Members participate in activities outside of the work ordered day where development of friendships is cultivated.

Clubhouses are evidenced based and result in positive outcomes for members.

If you or someone you know needs mental health services, call us at **313-931-0901**. We can help you navigate the system.